

# Food & Drink *checklist*



**PUBLISHED WITH  ON SUNDAYS**

(THIS IS NOT A THIRD-PARTY SUPPLEMENT, IT IS FEATURED INSIDE THE NEWSPAPER AND IS INCLUDED IN ALL NATIONWIDE PRINTED EDITIONS)

The **Food & Drink Checklist** is a full-colour, tabloid sized double-page spread of advertorial content published in the weekend edition of the *Sunday Mirror*.

The *Sunday Mirror* has always been a trusted source of eatery inspiration for foodies with a keen eye for alternative cuisine and culinary trends. The **Food & Drink Checklist** will serve as an essential guide for readers to transform the way they eat in and dine out.

It showcases a high-quality selection of products, services and experiences to benefit the food savvy, ranging from gourmet goods, kitchen tech and gadgets, culinary travel, wines, spirits and cocktails, and seasonal dining options.

Published on a Sunday, the **Food & Drink Checklist** is the perfect shop window for brands and organisations to benefit from an engaged, affluent audience who are accustomed to expert food and drink commentary from award-winning journalists.

**PARTICULARLY CONSIDERING**

- 58% of *Sunday Mirror* readers spend more than £100 on food, drink and entertaining
- 781k readers are main shoppers
- *The Mirror* boasts a mature readership with an average age of 56
- Some 633,050 *Sunday Mirror* readers are over the age of 55.

# 978k

readership of *Sunday Mirror*

# 70%

of readers are ABC1C2

# 48

minutes on average reading the paper

# 58%

of readers are 55 and over

Sources: PAMCO 3 2019, ABC Dec-May'19. Last updated Sept'20.

**DEMOGRAPHICS**

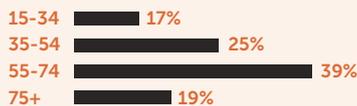
**SOCIAL DEMOGRAPHIC**



**GENDER**



**AGE**



**DISTRIBUTION**

- *Sunday Mirror* has a circulation of 405,000
- 978,000 is the average readership
- Distributed UK wide

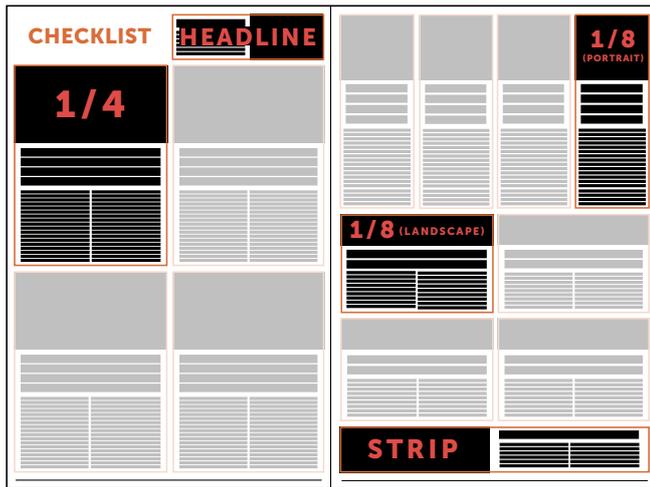
**RATE CARD**

|                     |               |
|---------------------|---------------|
| Third page          | <b>£8,500</b> |
| Quarter page        | <b>£6,750</b> |
| Sixth page          | <b>£5,000</b> |
| Competition upgrade | <b>£1,000</b> |

**CLICK HERE TO SEE THE COMPETITION MEDIA PACK**

## 1/4 , 1/8 FEATURE REQUIREMENTS

LAYOUT BELOW FOR ILLUSTRATION PURPOSES ONLY. EXACT LAYOUT SUBJECT TO CHANGE.



### QUARTER PAGE

Portrait: 131.5 x 137.7 mm

|                         |  |
|-------------------------|--|
| <b>Total word count</b> | 200-250 words  |
| <b>Call to action</b>   | i.e. Discount offer, website, phone, or social links |
| <b>Images</b>           | 2 images + logo                                      |

### EIGHTH PAGE

Landscape: 131.5 x 67 mm  
Portrait: 63.9 x 137.7 mm

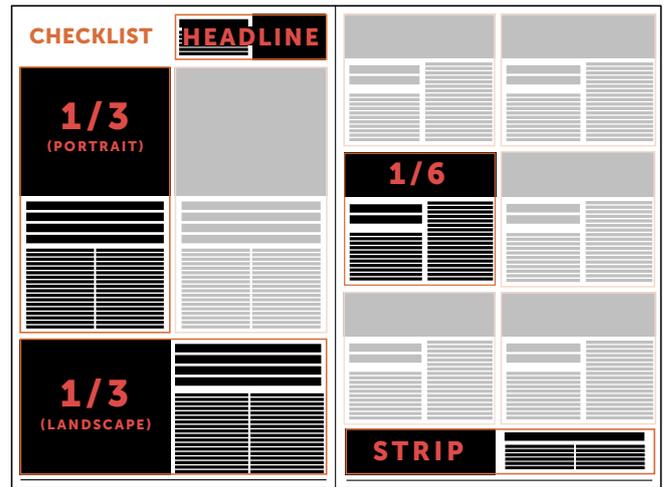
|                         |  |
|-------------------------|--|
| <b>Total word count</b> | 70-100 words   |
| <b>Call to action</b>   | i.e. Discount offer, website, phone, or social links |
| <b>Images</b>           | 1 image + logo                                       |

### STRIP Landscape: 267 x 42.5 mm

|                         |  |
|-------------------------|--|
| <b>Total word count</b> | 120-150 words  |
| <b>Call to action</b>   | i.e. Discount offer, website, phone, or social links |
| <b>Images</b>           | 2 images + logo                                      |

## 1/3 , 1/6 FEATURE REQUIREMENTS

LAYOUT BELOW FOR ILLUSTRATION PURPOSES ONLY. EXACT LAYOUT SUBJECT TO CHANGE.



### THIRD PAGE

Landscape: 267 x 90.4 mm  
Portrait: 131.5 x 185 mm

|                         |  |
|-------------------------|--|
| <b>Total word count</b> | 200-300 words  |
| <b>Call to action</b>   | i.e. Discount offer, website, phone, or social links |
| <b>Images</b>           | 2-3 images + logo                                    |

### SIXTH PAGE

Landscape: 131.5 x 90.4 mm

|                         |  |
|-------------------------|--|
| <b>Total word count</b> | 120-150 words  |
| <b>Call to action</b>   | i.e. Discount offer, website, phone, or social links |
| <b>Images</b>           | 1-2 image + logo                                     |

### HEADLINE Landscape: 131.5 x 42.5 mm

|                         |  |
|-------------------------|--|
| <b>Total word count</b> | 60-80 words  |
| <b>Call to action</b>   | i.e. Discount offer, website, phone, or social links |
| <b>Images</b>           | 1 image + logo                                       |

## SUPPLYING CONTENT

### IMAGE SPECIFICATIONS\*

- CMYK images in JPEG, TIFF or PSD format.
- All images are high resolution (at least 300dpi).
- Please supply images at their original size and aspect ratio. We will crop images to an appropriate size when laying out your advertorial.
- Please do not supply images with any copy i.e. slogans on top.
- We recommend supplying lifestyle images depicting your target audience, service or general message; or product shots.

### COPY SPECIFICATIONS

- Total word count includes max. 10 words for headline and max. 20 words for a call to action.
- Hurst Media reserve the right to make changes, including grammatical changes and corrections to ensure supplied copy meets house style.

### FILE TRANSFER WARNING: EMAIL ATTACHMENT LIMIT

Files less than 8mb (total attachment limit) can be emailed to [production@hurstmediacompany.co.uk](mailto:production@hurstmediacompany.co.uk). Larger files can be sent to [production@hurstmediacompany.co.uk](mailto:production@hurstmediacompany.co.uk) via the free file sharing service [wetransfer.com](https://www.wetransfer.com). Please clarify in your message your company name, publication, theme and on sale date as per your booking.

### DESIGN PROCESS

- Once all material is submitted according to specification, **Hurst Media will layout your advertorial** within the pre-approved house style of the publication.
- Supplied copy will be **subedited by Hurst Media's editorial team**. Spelling, grammar and punctuation will also be corrected to the house style.
- Layouts may vary depending on style of images and/or text supplied.

### APPROVALS & AMENDMENTS

- Hurst Media will provide a PDF for client approval.
- The client will have the option of two rounds of amendments before final approval is required. Please ensure any amendments are clear and concise.
- Approval is required within 48 hours.
- Please note that the newspaper must also approve all advertorials and they reserve the right to make changes or corrections to ensure copy passes their compliance standards.

\* Image use subject to editorial discretion and may vary depending quality, size and layout. We cannot guarantee the quality of the final print for images supplied outside of these specifications.

Bespoke advertorials (in which Hurst Media supplies the copy ONLY, and all images/logos are provided by the client) will be charged at a further 10%, or a one-off fee of £150, whichever is greater.

Image sourcing conducted by Hurst Media on behalf of the client will be charged at a fee of £25.

### CONTACT DETAILS

Hurst Media Company, United House, North Road, N7 9DP  
Company number: 08357910 VAT number: 161866882

Food & Drink Checklist is advertorial content compiled by Hurst Media Company Ltd which takes sole responsibility for the content, but is published in *Sunday Mirror*  
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