

Retirement & Health checklist



PUBLISHED WITH **THE Sun** ON SATURDAYS

(THIS IS NOT A SUPPLEMENT, IT IS FEATURED INSIDE THE NEWSPAPER AND IS INCLUDED IN ALL NATIONWIDE PRINTED EDITIONS)

The **Retirement & Health Checklist** is a full-colour, tabloid sized double-page spread of advertorial content published in the Saturday edition of *The Sun*.

The Sun is Britain's No.1 selling newspaper in the UK, selling 18 copies a second. As a brand, it reaches over 33 million adults each month. The **Retirement & Health Checklist** will therefore serve as the essential guide for readers, to ensure they make the most of either their own or older family members' time and money when they stop working, as well as providing advice for how they can best care for their wellbeing while in retirement. It showcases a high-quality selection of products and services, in these areas ranging from leisure, health supplements, disability aids, financial and legal advice, retirement properties, as well as pensions and homecare options.

Published in the Saturday edition of *The Sun*, the **Retirement & Health Checklist** is the perfect shop window for brands and organisations to benefit from a mature readership who are concerned about retirement options, as well as planning ahead for illness or injuries that affect senior people.

PARTICULARLY CONSIDERING

- 404,000 *The Sun* readers have a family income over £50k
- *The Sun* readers are over 50% more likely to purchase something as a result of seeing an advert in the newspaper
- *The Sun* readers went on 8.2 million trips around the UK last year

Retirement & Health checklist

Find out how Regeneron can help you stay healthy

Renovate your body!

As we age, our bodies naturally lose muscle mass and strength. This can lead to a loss of independence and quality of life. Regeneron's Regeneron can help you stay healthy and active.

In need of surgery? Why wait?

As an NHS patient, you may have to wait a long time for surgery. Regeneron's Regeneron can help you get surgery faster and with less pain.

The 21st century aid to an age-old problem

As we age, our eyes naturally lose their ability to focus. This can lead to a loss of independence and quality of life. Regeneron's Regeneron can help you see better and with less pain.

Knee pain sufferers unite with Neo G

As we age, our knees naturally lose their ability to move. This can lead to a loss of independence and quality of life. Regeneron's Regeneron can help you move better and with less pain.

care

For a full list of prices and products visit www.care.co.uk

Are you one of 58% of people yet to make a Will?

As we age, it's important to make a Will. This can help you ensure your assets are distributed as you wish.

Put a lid on using messy drops for your dry eye conditions with the revolutionary EyeBag

As we age, our eyes naturally lose their ability to produce tears. This can lead to a loss of independence and quality of life. Regeneron's Regeneron can help you see better and with less pain.

Living the retirement you've longed for

As we age, it's important to live the retirement you've longed for. This can help you ensure your assets are distributed as you wish.

Take control of your pension savings with an online plan

As we age, it's important to take control of your pension savings. This can help you ensure your assets are distributed as you wish.

2.6m

Saturday print readership of *The Sun*

404k

of Sunday readers have a family income over £50k

36%

of regular Sun readers say they take action after seeing adverts

35s

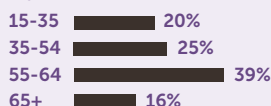
More under 35s read *The Sun* than the 3 main leading competitors combined

DEMOGRAPHICS

SOCIAL DEMOGRAPHIC



AGE



GENDER



DISTRIBUTION

- 1,209,600 Saturday print circulation
- 2,622,000 Saturday print readership
- Distributed UK wide

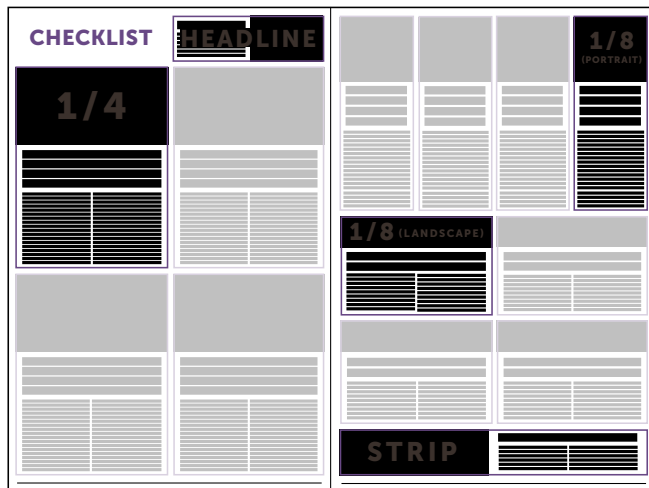
RATE CARD

Third page	£12,000
Quarter page	£9,000
Sixth page	£6,750
Competition upgrade	£1,000

CLICK HERE TO SEE THE COMPETITION MEDIA PACK

1/4 , 1/8 FEATURE REQUIREMENTS

LAYOUT BELOW FOR ILLUSTRATION PURPOSES ONLY. EXACT LAYOUT SUBJECT TO CHANGE.



QUARTER PAGE

Portrait: 132 x 136.6 mm

Total word count 200-250 words

Call to action i.e. Discount offer, website, phone, or social links

Images 2 images + logo

EIGHTH PAGE

Landscape: 132 x 66.25 mm
Portrait: 64 x 136.6 mm

Total word count 70-100 words

Call to action i.e. Discount offer, website, phone, or social links

Images 1 image + logo

STRIP Landscape: 268 x 42.5 mm

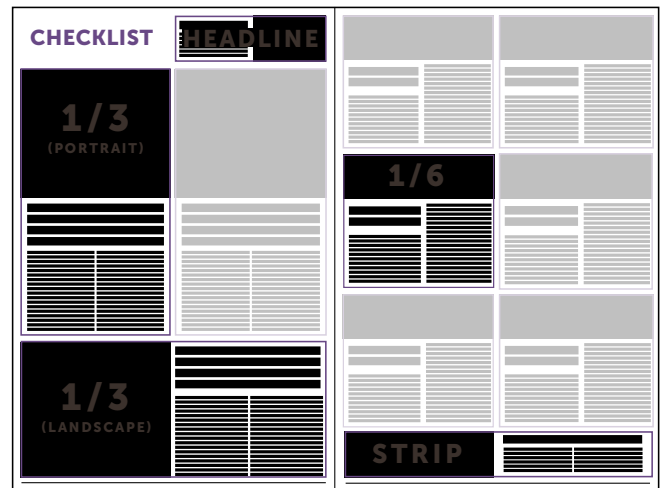
Total word count 120-150 words

Call to action i.e. Discount offer, website, phone, or social links

Images 2 images + logo

1/3 , 1/6 FEATURE REQUIREMENTS

LAYOUT BELOW FOR ILLUSTRATION PURPOSES ONLY. EXACT LAYOUT SUBJECT TO CHANGE.



THIRD PAGE

Landscape: 268 x 89.7 mm
Portrait: 183.6 x 132 mm

Total word count 200-300 words

Call to action i.e. Discount offer, website, phone, or social links

Images 2-3 images + logo

SIXTH PAGE

Landscape: 132 x 89.7 mm

Total word count 120-150 words

Call to action i.e. Discount offer, website, phone, or social links

Images 1-2 image + logo

HEADLINE Landscape: 134 x 42.5 mm

Total word count 60-80 words

Call to action i.e. Discount offer, website, phone, or social links

Images 1 image + logo

SUPPLYING CONTENT

IMAGE SPECIFICATIONS*

- CMYK images in JPEG, TIFF or PSD format.
- All images are high resolution (at least 300dpi).
- Please supply images at their original size and aspect ratio. We will crop images to an appropriate size when laying out your advertorial.
- Please do not supply images with any copy i.e. slogans on top.
- We recommend supplying lifestyle images depicting your target audience, service or general message; or product shots.

COPY SPECIFICATIONS

- Total word count includes max. 10 words for headline and max. 20 words for a call to action.
- Hurst Media Company reserve the right to make changes or to make grammatical changes and corrections to ensure it meets house style.

FILE TRANSFER

Files less than 8mb (total attachment limit) can be emailed to production@hurstmediacompany.co.uk. Larger files can be sent to production@hurstmediacompany.co.uk via wettransfer.com. Please clarify in your message your company name, publication, theme and on sale date as per your booking.

DESIGN PROCESS

- Once all material is submitted according to specification, **Hurst Media will layout your advertorial** within the pre-approved house style of the publication.
- Supplied copy will be subedited by Hurst Media's editorial team. Spelling, grammar and punctuation will also be corrected to the house style.
- Layouts may vary depending on style of images and/or text supplied.

APPROVALS & AMENDMENTS

- Hurst Media will provide a PDF for client approval.
- The client will have the option of two rounds of amendments before final approval is required.
- Please ensure any amendments are clear and concise.
- Approval is required within 48 hours.
- Please note that the newspaper must also approve all advertorials and they reserve the right to make changes or corrections to ensure copy passes their compliance standards.

* Image use subject to editorial discretion and may vary depending quality, size and layout. We cannot guarantee the quality of the final print for images supplied outside of these specifications.

Bespoke advertorials (in which Hurst Media Company supplies the copy ONLY, and all images/logos are provided by the client) will be charged at a further 10%, or a one-off fee of £150, whichever is greater.
† Excludes image(s) cost; image searches £40 per hour; and copy writing £40 per hour.

CONTACT DETAILS

Hurst Media Company, United House, North Road, N7 9DP
Company number: 08357910 VAT number: 161866882

Retirement & Health Checklist is advertorial content compiled by Hurst Media Company Ltd which takes sole responsibility for the content, but is published in *The Sun*

All bookings are made subject to our Terms & Conditions of advertising, which are available here: hurstmediacompany.co.uk/hurst-media-advertising-terms

MEDIA SALES

Tel: 0203 478 6017 Fax: 0203 478 6018
sales@hurstmediacompany.co.uk

PRODUCTION DEPARTMENT

Tel: 0203 770 4024
production@hurstmediacompany.co.uk



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