# **UK Travel, Days Out** & Attractions checklist &

There's no need to travel to far-flung lands for a great day out - here's a bunch of great ideas to keep the family entertained in the UK this summer

785 bedrooms and

offers a concierge

service and gvm

for quest use. The

hotel has recently

new in-house

launched its brand

restaurant and bar.

& Bar is the perfect

place to enjoy great

afternoon tea and

more in the heart

food, cocktails,

of London. The

Haxells Restaurant

### Wicked: London theatre break – hotel and ticket – two days from just £139

WICKED TELLS THE untold story of an unlikely but profound friendship between two young women who first meet as sorcery students. Stunning costumes, spectacular sets and show-stopping songs make







in mind, if you need to escape from the hustle and bustle, rest assured are fully equipped to ensure vour downtime is as comfortable as possible.

Palace puts you at

the centre of the

action. With that

For more than 110 years, Strand Palace has looked

to put quests first, to provide a superb experience and great value. The hotel is excited to have launched new art deco inspired rooms, kitted out with air-conditioning. White Company toiletries and complimentary high speed Wi-Fi.

Simply book your stay directly online for four consecutive nights or more, and you'll receive an additional 10% off on the 15% non-flexible rate.

Book now at strandpalacehotel.co.uk. email info@strandpalacehotel.co.uk and be in with the chance to win back the cost

STRAND PALACE



### **Build your confidence among the tree tops!**

As well as

families

IF YOU'RE LOOKING FOR SOMETHING DIFFERENT to do this summer, how about heading out into the great outdoors for an adventure that will push you to your limits?

Go Ape are big believers in living life adventurously. At their 34 locations across the UK, all in beautiful natural settings, there are experiences for all levels of ability. If you're really looking for a thrill, try the Treetop Challenge. It's a nerve-testing, high-octane adventure that takes you from canopy-high tree-to-tree crossings to free-fall Tarzan swings and super-fast, very long zip wires. You'll push vourself physically - it takes 2-3 hours - and mentally (say goodbye to any fear of heights). There are definitely a few 'can I do this?' moments, but the sheer exhilaration of taking the leap off the platform, or letting yourself fly down the zip wire, makes for an incredible, unforgettable experience



the Treetop Challenge. Go Ape offers the chance to monkey around in the forest canopy on a Treetop Adventure. or bounce 30 feet above the forest floor with nets and inflatable balls. And if you're something of a speed demon.

then flying across 3km of zip wires in the Zip Trek should be your kind of fun. There's the option of some Segway touring, too, with heavy duty models just made for the off-road terrain

Every experience we provide makes vou realise that you can do a lot more than you think - and that feeling of achievement stavs with you.

Spend a few hours 30 feet above the forest floor and, as Go Ape tell you, when you come down you'll feel 50 feet tall. Visit goape.co.uk or call 01603 895500 to book.

#### ENJOY A SUMMER OF FUN AND claim between £500 and thousands of exclusive savings with the UK's No.1 family discounts membership, Members can save up to 57% off at top UK attractions and days out, including theme parks, zoos. aquariums, bowling, play centres, go-karting the whole household

Save on days out with a £1 Kids Pass trial!

and more Plus, see the latest releases at cinemas nationwide with up to 40% off for both adults and children seven days a week; and grab a bite to eat with up to 25% off restaurants nationwide Over a million members are already saving

£1,000 per year and the cost of a membership can easily be covered by the savings in just a single day out - and one membership covers

Simply sign up and download the app to start saving! To claim your £1 for 45 days trial, visit kidspass.co.uk/checklist



### and excellent transport connections to whisk you across the city or further afield, a stay at Strand

The O2: all under one world-famous roof

THE O2 IS THE ULTIMATE DESTINATION for unmissable days out, under one world-famous roof. Shop at ICON Outlet, with up to 60% off superstar brands. Climb the roof with Up at

The O2, knock down pins at Hollywood Bowl,

**Enjoy London life -**

stay at Strand Palace!

STRAND PALACE IS SURROUNDED BY THE

BEST London has to offer. Set in the heart of

Garden, Trafalgar Square and the Thames,

theatre by night.

London, the hotel is just minutes from Covent

making it the perfect location for discovering

cultural icons by day, and enjoying West End



**Escape without** 

leaving the city

BATEAUX LONDON REINVENTS DINING on

drinks and interiors by Tom Dixon Design.

Bateaux London's most original dining

room - Glass Room - serves modern British

from scratch on board. With an experienced

for lunch, afternoon tea and dinner

captain at the helm, Bateaux London sails daily

cooking in refined style, with all dishes prepared

the water: contemporary British food, delicious

bounce around at Oxygen Freejumping, watch the latest blockbusters at London's biggest cinema. visit the new VR zone and get interactive with Sky Studios' free family fun.

afternoon tea menu serves loose leaf teas and

delicate treats in true British style in the opulent

time only, you can enjoy bottomless bubbles with

With so much to do right on the hotel's doorstep

afternoon tearoom. What's more, for a limited

afternoon tea from just £35 per person.

Chill out at The Garden, by the newly launched Street Food Quarter. Enjoy live music every Friday and Saturday night and free kids' activities every Sunday from midday to 5pm. Plus, with big screens showing the

summer's live sport, you won' miss a thing With over 29 bars to choose from. you'll never be short of options

You can also arrange to

hire a room or the whole

at *bateauxlondon.com* 

BATEAUX

LONDON

Head over by bus, car, tube and MBNA Thames Clippers to rediscover The O2. It all happens here. Visit

### Have a Dreamland family day down in Margate

THE PICTURE PERFECT, 'all-you-can-treat seaside sensation, your one-stop shop of culture, food, sun-soaked fun and must-try rides. Dreamland Margate packs in all the fun of the festival beside the seaside. And it's free

The Margate amusement park launches its Roller Coast Festival on 19 July, with six weeks of fun planned for the school holidays. Guests can enjoy Dreamland's thrill and chill rides every day, and find all sorts of crazy activities, character appearances, film screenings and games at the park. Here's a taster of what's coming up:

- Superheroes Week unleash your superpowers dance with heroes and catch up with Captain Cauliflower
- Carnival Week get ready to samba in your own street parade and sing your heart out at The Greatest Showman sing-a-long
- Rainbow Week celebrate all the colours of Pride with rainbow-themed mayhem, Drag Kween story time, and a trip to see The Wizard of Oz
- Street Fest Week take your skillz to the streets with BMX stunts, football tournaments, and daytime block party with
- Brainiac Week embrace your inner nerd with live shows all week from Brainiac Live and a screening of Jurassic Park
- Milkshake! Week Channel 5's Milkshake! takes over Dreamland on the final week of the holidays. Expect live shows starring Fireman Sam, Milkshake Monkey, Nella The Princess Knight, Digby Dragon and more!





The park is open daily during school holidays and weekends until October, and is free to enter. Guests can buy unlimited ride wristbands in advance online for a 25% discount. Dreamland Membership starts from £50 and includes unlimited rides, exclusive food and drink discounts



**Dreamland Margate is the perfect place** for your summer seaside escape. Visit dreamland.co.uk or call 01843 295887.



ST PANCRAS INTERNATIONAL IS A MUST-VISIT destination in London where travel meets fashion, arts and culture, fine dining and food on the go.

There's something for everyone in this iconic Grade I listed building. If you're shopping in London for the latest trends, or simply looking out for a special gift, you'll find everything you need in the wide range of premium shops including Fortnum & Mason, Hatchards, Hamleys and Aspinal of London

You can enjoy tasty treats while browsing, relax with a drink at Europe's longest champagne bar, or indulge in traditional British dishes at the station's pubs. Music lovers

can follow the footsteps of famous faces such as Elton John by tinkling the ivories on the public pianos and art enthusiasts can view Tracey

Emin's iconic 'I want my time with

St Pancras International is set at the heart of Central London with more underground connections than any other London station. There are four main services from the station - Eurostar, East Midlands Trains, Southeastern and ThamesLink.

Find out more at stpancras.com



## Flip Out family fun – buy a one hour session and get a second hour free

SUMMER IS OFFICIALLY HERE AND Europe's largest trampoline and adventure parks want to show you there is so much more on offer than just bouncing

Flip Out is giving you the chance to jump for two whole hours for the price of just one – a deal you don't want to miss. This is the perfect opportunity to do something different over the summer holidays and make sure you stay active at the same time. Two hours of bouncing will get your heart rate up but keep the boredom down and is the perfect family day out.

With 24 stores across the country, each with varying - but equally brilliant - equipment, there is something for all the family, with ever evolving new activities and promotions.

Flip Out prides itself on its variation of trampolines, incredible equipment and giving





Flippers the chance to showcase their skills but most importantly have fun

From hosting Toddler Time sessions for parents and youngsters, to ninja assault courses and free running fitness classes for bigger kids, you are sure to find something to suit you. We are confident



For full terms and conditions and to find your nearest store, please visit flipout.co.uk

## See dinosaurs at the zoo in Hampshire!



VISIT MARWELL ZOO IN an incredible range of exotic and endangered species. Don't miss BRICKOSAURS!

A world exclusive, prehistoric LEGO® brick experience Discover 50 astonishing dinosaur sculptures across



Marwell's 140-acre park, including the biggest ever moveable LEGO brick dinosaur model a whopping eightmetre T. Rex!

Visitors will also be able to get hands on with a host of extras, ncluding trying their own creations at BRICKOSAURS Base Camp, a free spotter's guide, and more. Plus, keep an eye out for their recent births including an okapi calf, Przewalski's foal and plains zebra foal



Visit marwell.org.uk to book or call 01962 777407 for more information.

Find Bateaux London at Embankment Pier.

Victoria Embankment, London WC2N 6NU.

Use the code CHECKLIST for a 20% discount