Travel checklist [

Whether you'd like to travel to the other side of the world, or simply head up to London with the family or friends, these destination ideas are sure to fire up the imagination

Pembrokeshire: visit this season

INSPIRING, QUAINT, RELAXING with awesome scenery, but without the rush, the hustle or the thrill-seeking beach activities. Pamper yourself in a spa, indulge your taste buds in a fine restaurants, take romantic strolls along deserted beaches. With 186 miles of magnificent National Park coast line, there's plenty to discover.

You'll find everything you need from accommodation to inspiration at *visitpembrokeshire.com*



Enjoy London life – stay at Strand Palace!

STRAND PALACE IS SURROUNDED BY THE BEST London has to offer. Set in the heart of London, the hotel is just minutes from Covent Garden, Trafalgar Square and the Thames, making it the perfect location for discovering cultural icons by day, and enjoying West End theatre by night.



785 bedrooms and offers a concierge service and gym for guest use. The hotel has recently launched its brand new in-house restaurant and bar.

Haxells Restaurant & Bar is the perfect place to enjoy great food, cocktails, afternoon tea and more in the heart of London. The

afternoon tea menu serves loose leaf teas and delicate treats in true British style in the opulent afternoon tearoom. What's more, for a limited time only, you can enjoy bottomless bubbles with afternoon tea from just £35 per person.

With so much to do right on the hotel's doorstep and excellent transport connections to whisk you across the city or further afield, a stay at Strand Palace puts you at the centre of the action. With that in mind, if you need to escape from the hustle and bustle, rest assured all guestrooms are fully equipped to ensure your downtime is as comfortable as possible.

For more than 110 years, Strand Palace has looked

to put guests first, to provide a superb experience and great value. The hotel is excited to have launched new art deco inspired rooms, kitted out with air-conditioning, White Company toiletries and complimentary high speed Wi-Fi.

Simply book your stay directly online for four consecutive nights or more, and you'll receive an additional 10% off on the 15% non-flexible rate.

Book now at strandpalacehotel.co.uk, email info@strandpalacehotel.co.uk and be in with the chance to win back the cost of your stay.

STRAND PALACE





GIVE YOURSELF A BREAK... whether it's a romantic escape, an activity-packed getaway or simply a couple of days to recharge your batteries and re-energise, TLH Leisure Resort, in Torquay is the perfect place for your next short break.

This unique resort combines four

quality 3-star hotels and self-catering accommodation, all based on a single seven-acre site in Torquay with outstanding leisure facilities, plus nightly live entertainment throughout the year. And you're guaranteed great value with their inclusive dinner, bed and breakfast rates.



You can enjoy the many indoor facilities at TLH, including the stunning 25-metre indoor pool complex, poolside sauna, spa pool and steam room, as well as an impressive 40-work-station gym. More indoor fun can be found in Aztec Games, a huge indoor games zone with ten-pin bowling, archery, snooker tables, table tennis and more.

For those guests wanting to relax and be pampered, there is the luxury Aztec Spa – a haven of peace and quiet which offers a range of luxury ELEMIS treatments.

The hotels are only a short walk from the bustling Torquay seafront and harbour, with its wealth of places to eat and drink. A short drive will take you to the nearby delights of traditional Devon villages and countryside, including the wilds of Dartmoor and the picturesque fishing town of Brixham.



Take a look at some last minute special offers, quoting CHECKLIST, and book today at *tlh.co.uk/special-offers*. Call 01803 400500 to find out what offers are available.



MARRIOTT BONVOY'S WIDE CHOICE OF locations takes you to beautiful beaches, stunning coastline and great family-friendly activities. Children stay and eat free, and knowledgeable staff can help you with local tips for where to go. Across Scotland, England and Wales there are over 50 hotels to help you discover that a break in the UK isn't just an escape from

ondon Marriott

everyday life, but
a rare opportunity
to reconnect with
the richness of the
country's cultural
heritage, as well as
a chance to create
fond memories with
loved ones.

In London you can enjoy the all-important task of deciding which of the many iconic sites and attractions you'll choose to visit.

Just two hours west of London, Bristol marches proudly to its own beat. It's a spirited city that nurtures innovation, expressed through its cutting-edge music, arts, festival and food scenes – it's one of the UK's coolest cities. Perhaps you want your get-away to be slower paced – a chance to really embrace the great outdoors and wind down with the people you care about. There is plenty for all to discove in Scotland, from the castles in Edinburgh to the culture in Glasgow.

For those sunny, or even chill afternoons, take a deep breath of sea-salted air and enjoy the sand between your toes in the seaside spots of Bournemouth and Portsmouth.

Don't want to travel far? Then take a break on your doorstep and discover somewhere closer to home. Once you've finished exploring continue the adventure at your local Marriott Bonvoy hotel.

BONVOY

Discover your UK with Marriott Bonvoy.
Visit marriottweekends.co.uk or call 0800
1927 1927 to book or for more details.

Heathrow Express: the fastest way to Heathrow

Fast and reliable Heathrow Express is the fastest service between London Paddington and Heathrow Central, with a 15-minute journey time to Terminals 2 and 3, and a 21-minute journey to Terminal 5. A free transfer is available to Terminal 4. In the most recent National Rail Passenger Survey (NRPS), customers scored Heathrow Express 95% in overall satisfaction (NRPS Spring 2019).



Proposition Heathrow Express offers customers low prices from just £5.50 one way when you book in advance. In addition, children aged 15 years and under travel for free.

Innovator Since launch, Heathrow Express has been a pioneer of new technology. It was the first train company to introduce e-ticketing, and the first train company to launch a mobile app, allowing customers to book and receive tickets direct to their smartphone.

Customer focused On board, Heathrow Express offers premium facilities including Express TV with BBC World News. Services for 4G and WiFi are free throughout the journey and ample luggage racks ensure customers have plenty of leg room at their seats.

Visit *heathrowexpress.com* for booking and for more information.



Escape without leaving the city

BATEAUX LONDON REINVENTS DINING on the water: contemporary British food, delicious drinks and interiors by Tom Dixon Design.

Bateaux London's most original dining room – Glass Room – serves modern British cooking in refined style, with all dishes prepared from scratch on board. With an experienced captain at the helm, Bateaux London sails daily for lunch, afternoon tea and dinner.



You can also arrange to hire a room or the whole boat for your event. River views come as standard

the whole BATEAUX event. River standard LONDON g.

Find Bateaux London at Embankment Pier, Victoria Embankment, London WC2N 6NU. Use the code CHECKLIST for a 20% discount at bateauxlondon.com

*Subject to availability, booking online only, terms and conditions

Have a Dreamland family day down in Margate

THE PICTURE PERFECT, 'all-you-can-treat' seaside sensation, your one-stop shop of culture, food, sun-soaked fun and must-try rides. Dreamland Margate packs in all the fun of the festival beside the seaside. And it's free to enter!

The Margate amusement park launches its Roller Coast Festival on 19 July, with six weeks of fun planned for the school holidays. Guests can enjoy Dreamland's thrill and chill rides every day, and find all sorts of crazy activities, character appearances, film screenings and games at the park. Here's a taster of what's coming up:

- Superheroes Week unleash your superpowers, dance with heroes, and catch up with Captain Cauliflower
- Carnival Week get ready to samba in your own street parade and sing your heart out at The Greatest Showman sing-a-long
- Rainbow Week celebrate all the colours of Pride with rainbow-themed mayhem, Drag Kween story time, and a trip to see The Wizard of Oz
- Street Fest Week take your skillz to the streets with BMX stunts, football tournaments, and daytime block party with Fun DMC
 Brainiac Week – embrace your inner nerd
- with live shows all week from Brainiac Live and a screening of Jurassic Park
- Milkshake! Week Channel 5's Milkshake! takes over Dreamland on the final week of the holidays. Expect live shows starring Fireman Sam, Milkshake Monkey, Nella The Princess Knight, Digby Dragon and more!





The park is open daily during school holidays and weekends until October, and is free to enter. Guests can buy unlimited ride wristbands in advance online for a 25% discount. Dreamland Membership starts from £50 and includes unlimited rides, exclusive food and drink discounts and special offers on ticketed events year round.

DREAMLAND

Dreamland Margate is the perfect place for your summer seaside escape. Visit dreamland.co.uk or call 01843 295887.

Build your confidence among the tree tops!

IF YOU'RE LOOKING FOR SOMETHING DIFFERENT to do this summer, how about heading out into the great outdoors for an adventure that will push you to your limits?

Go Ape are big believers in living life adventurously. At their 34 locations across the UK, all in beautiful natural settings, there are experiences for all levels of ability. If you're really looking for a thrill, try the Treetop Challenge, It's a nerve-testing, high-octane adventure that takes you from canopy-high tree-to-tree crossings to free-fall Tarzan swings and super-fast, very long zip wires. You'll push yourself physically – it takes 2-3 hours – and mentally (say goodbye to any fear of heights). There are definitely a few 'can I do this?' moments, but the sheer exhilaration of taking the leap off the platform, or letting yourself fly down the zip wire, makes for an incredible, unforgettable experience



the Treeton Challenge, Go Ape offers families the chance to monkey around in the forest canopy on a Treeton Adventure. or bounce 30 feet above the forest floor with nets and inflatable balls And if you're something of a speed demon

then flying across 3km of zip wires in the
Zip Trek should be your kind of fun. There's the
option of some Segway touring, too, with heavy
duty models just made for
the off-road terrain.

Every experience we provide makes you realise that you can do a lot more than you think – and that feeling of achievement stays with you.

Spend a few hours 30 feet above the forest floor and, as Go Ape tell you, when you come down you'll feel 50 feet tall. Visit *goape.co.uk* or call 01603 895500 to book.



A hidden gem on the island of Crete LOCATED IN THE PRIVACY OF A secluded to the premium all-i

cove, Daios Cove Luxury Resort and Villas is the absolute choice for travellers seeking 5-star luxury accommodation.

For 2020, Daios Cove is introducing many new features including the refurbishment of its award-winning Ocean Restaurant and Pool bar. The new Ocean is a fresh oasis of bold colour; a scrumptious new menu has been meticulously created by the multi-award-winning Ducasse Conseil team, drawing inspiration from the Greek sea and land.

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Book a suite or a villa and enjoy full access

to the premium all-inclusive Residents Club which allows guests to enjoy three à la carte meals, premium wines, spirits and carefully-curated cocktails. Wrap this up with 24-hour complimentary room service and you'll enjoy the ultimate gastronomic experience throughout. With a variety of suites and villas featuring their own private pools, this stunning resort really is a hidden gem on the Eastern Coast of Crete.

DAIOS COVE

Visit daioscove.com to book or call 020 3807 1418 for more information.

Jamaica: the jewel of the Caribbean

JAMAICA IS THE THIRD LARGEST island in the Caribbean and lies just south of Cuba. This is an island that boasts something for everyone, with hundreds of miles of unspoilt quiet beaches and a colourful cultural and cosmopolitan heritage. Jamaica is widely considered to have the most stunning landscapes to explore.

Visitors are drawn to Jamaica for its beaches, grand hotels, superb all-inclusive resorts and laidback inns. Most are

impressed with the sounds of reggae, the taste of jerk cooking and the warm, friendly smiles of the locals.



The rhythm, the sway, do you feel it? Visit visitjamaica.com or call 0207 225 9090 to discover travel deals to Jamaica from British Airways, Virgin Holidays and TUI.



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