

# Family *checklist*

Take care of your family, whether they're tots, toddlers or teenagers, with our selection of creative ideas, fabulous foods and educational essentials

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## Make school lunches exciting

GET READY FOR FRESH LUNCHES with the Sistema range of colourful lunch and hydration products. Perfect for snacks, sandwiches, salads and, of course, for keeping your children hydrated at school. The Sistema range is made in New Zealand, is BPA and Phthalate free and suitable for the dishwasher.

Available in most major retailers, including Amazon, Asda, Tesco, Sainsburys, Dunelm, Waitrose, John Lewis and Robert Dyas.



**sistema**



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We know how much your friends and family love reading, which is why we have a very special offer, ready and waiting for you: unlimited reading for £1.99 for the first two months and £7.99 thereafter. It really is the gift that keeps on giving.

Visit [readly.com/checklist](http://readly.com/checklist) to take advantage of the special offer today.



## Build your confidence among the tree tops!

IF YOU'RE LOOKING FOR SOMETHING DIFFERENT to do this summer, how about heading out into the great outdoors for an adventure that will push you to your limits?

Go Ape are big believers in living life adventurously. At their 34 locations across the UK, all in beautiful natural settings, there are experiences for all levels of ability. If you're really looking for a thrill, try the Treetop Challenge. It's a nerve-testing, high-octane adventure that takes you from canopy-high tree-to-tree crossings to free-fall Tarzan swings and super-fast, very long zip wires. You'll push yourself physically – it takes 2-3 hours – and mentally (say goodbye to any fear of heights). There are definitely a few 'can I do this?' moments, but the sheer exhilaration of taking the leap off the platform, or letting yourself fly down the zip wire, makes for an incredible, unforgettable experience.

As well as the Treetop Challenge, Go Ape offers families the chance to monkey around in the forest canopy on a Treetop Adventure, or bounce 30 feet above the forest floor with nets and inflatable balls. And if you're something of a speed demon, then flying across 3km of zip wires in the Zip Trek should be your kind of fun. There's the option of some Segway touring, too, with heavy duty models just made for the off-road terrain. Every experience we provide makes you realise that you can do a lot more than you think – and that feeling of achievement stays with you.



Spend a few hours 30 feet above the forest floor and, as Go Ape tell you, when you come down you'll feel 50 feet tall. Visit [goape.co.uk](http://goape.co.uk) or call 01603 895500 to book.



## School bag essentials for kids of all ages

GET SET FOR THE NEW TERM with this fantastic collection of stationery from Staedtler. Packed in a handy tin to keep everything neat and tidy, this 31 piece collection is incredible value and contains Staedtler classics, such as the famous yellow and black striped Noris school pencil.

As well as six break-resistant pencils, the set contains eight premium quality colouring pencils, together with an eraser and sharpener. There are three useful ballpoint pens and six triplus fineliners, ergonomically designed for maximum writing comfort, plus a triplus highlighter to aid revision. Add in a ruler, protractor, set squares and a letter/number



stencil, and you've got the kids' stationery for the new term well and truly covered.

The Staedtler 31 piece stationery tin is just **£8, only at Tesco stores.**



## Perfect chocolatey brioche treats for everyone

GET THE KIDS THROUGH THE DAY with a tasty treat! PITCH Chocolate Chips and PITCH Chocolate Filled are the ultimate brioche snacks to fill their tummies and put a smile on their faces. These fluffy brioche are individually wrapped and can be enjoyed straight from the

pack. Perfect to pop into a lunchbox or share after sports, even the fussiest of eaters will enjoy these sweet goodies.

Brioche Pasquier's PITCH are also a treat for the whole family and can be enjoyed for breakfast, lunch or as an afternoon boost. Which filling will you choose from: the smooth chocolate centre or the dark chocolate chips?

PITCH are free from preservatives, artificial colours and hydrogenated fats. PITCH for Every Pitch.



Brioche Pasquier's PITCH Chocolate Chips and PITCH Chocolate Filled are available in all major supermarkets – find them down the bakery aisle. Visit [briochepasquier.co.uk](http://briochepasquier.co.uk)



## Flip Out family fun – buy a one hour session and get a second hour free

SUMMER IS OFFICIALLY HERE AND Europe's largest trampoline and adventure parks want to show you there is so much more on offer than just bouncing.

Flip Out is giving you the chance to jump for two whole hours for the price of just one – a deal you don't want to miss. This is the perfect opportunity to do something different over the summer holidays and make sure you stay active at the same time. Two hours of bouncing will get your heart rate up but keep the boredom down and is the perfect family day out.

With 24 stores across the country, each with varying – but equally brilliant – equipment, there is something for all the family, with ever-evolving new activities and promotions.

Flip Out prides itself on its variation of trampolines, incredible equipment and giving Flippers the chance to showcase their skills but most importantly have fun.

From hosting Toddler Time sessions for parents and youngsters, to ninja assault courses and free running fitness classes for bigger kids, you are sure to find something to suit you. We are confident your first visit won't be your last!

For full terms and conditions and to find your nearest store, please visit [flipout.co.uk](http://flipout.co.uk)



## Meet Longleat's lion kings

VISIT THE UK'S ORIGINAL SAFARI PARK and see some of your favourite animals.

Marvel at the majestic pride of lions as you drive through Lion Country from the comfort of your own car. Survey the African planes, get up close to zebra, wildebeest and other animals and even come face to face with giraffe on the viewing platform. Wander down to Jungle Kingdom where you can then come up-close and personal to meerkats in an immersive walk-through exhibit.

What's more is that this summer, Longleat are celebrating their latest arrivals, the koalas, with an Australian Summer. This features an indoor beach fully loaded with real sand that's perfect for building masterpiece castles plus deckchairs, craft activities and surf-style wobble boards.

The Main Square will also transform into the outback, staging diverse and delightful daily performances. From high tempo dancing, to live didgeridoo music, all the way to acrobatic break dancing. Plus there's the fabulous End of Day Hooroo – a vibrant spectacle of music and dancing – which is sure to get everyone's toes tapping, feet stomping and hands clapping.

Don't miss this summer at Longleat, as this plus the magnificent Longleat House,



memorable Jungle Cruise, bemusing Hedge Maze, exciting Adventure Castle, and classic Longleat Railway are all included in your Day Ticket.

Book online and save up to 15% at [longleat.co.uk](http://longleat.co.uk)



## Trust Beano to make reading fun!

THE BEANO COMIC HAS BEEN encouraging children to enjoy reading regularly for over 80 years. Every weekly issue can help improve literacy skills in young and reluctant readers. It's a fun, accessible way to



introduce phonics, spelling, working memory, reading and comprehension. Endorsed by teachers, parents, guardians and grandparents, it's still the nation's favourite comic. Parents and teachers have congratulated us upon Beano using correct English to deliver stories. Every issue delivers fresh vocabulary, perfectly pitched humour and entertaining storylines. Beano comic is engaging for even reluctant readers because it uses fewer words than a

## Save cash on tech!

BUYING NEW TECH can be expensive, but it pays to be prudent. CeX share five tips to help save next time you buy games and gadgets.

**Buy it outright**  
When it comes to getting a phone, the most expensive way to buy one is on contract. Why not trade in your old handset and buy a second-hand one? A SIM-only plan can save hundreds. Shop around, compare, and look for a long warranty.

**Treat it nicely and keep everything**  
If you're considering an upgrade, remember that your old tech and games can save you cash. You'll get more if they're in good condition. Having a screen protector and a case on your phone makes a difference when it comes to cashing it in. Keep the box and accessories – these can add value.

**Buy last year's model**  
Save a stack of cash by not going for the latest model. Look at the price difference between an iPhone XS and the iPhone 8 – nearly half the price with almost the same capabilities. You could buy a PS4 copy of FIFA 19 for £22 or you could get FIFA 18 for £5 at CeX.

**Beat the herd and trade in early**  
Don't wait until this year's model comes out to upgrade. Tech tends to depreciate in value when a new model is released. Sell your old one a month or two before to get the most money for it.

**You could be sitting on a treasure trove**  
Got an old NES or an N64? Your old console and



games might just earn you a pretty penny. With the rise in popularity of retro gaming, some consoles and games can fetch tens and even hundreds of pounds. That forgotten box of SNES games in the attic could turn out to be a small gold mine!

CeX has the widest choice of phones, tablets, electronics and games, all with a free 24-month warranty. With over 380 stores, they are the UK's leading second-hand tech and entertainment retailer.

See how much you can save at your nearest CeX store, or online at [webuy.com](http://webuy.com)



## A baby-to-toddler trike that grows with your child from 6 - 36 months

WELCOME TO SMARTRIKE®, the world's best selling and most awarded baby tricycle brand. Winner of nearly every award in the baby ride-on category industry, smartrike designs smart & innovative solutions for all cycling stages: from Babies to toddlers to preschoolers. The smarTrike® advanced tricycle is the smartest way to roll around town. A "grow with me" trike, this 8-in-1 product has several stages that help your child develop motor skills, confidence and balance. Babies can practise pedalling while you're in control, enjoying our effortless Touch Steering® system, and once old enough, your



children can enjoy it as an independent toddler trike. smarTrike® introduced the first ever baby tricycle that had an easily steerable parent handle that enabled parents to steer and control the trike. By doing this they sold in over 80 countries worldwide! In fact, every 20 seconds, a smarTrike® is sold somewhere in the world.



The Original **smarTrike**®  
*Keep exploring.*

My first trike! Gift your baby with a toddler tricycle and create memorable magical fun with your little one. Shop at [smartrike.co.uk](http://smartrike.co.uk) and follow [Facebook](https://www.facebook.com/smartrike) [Instagram](https://www.instagram.com/smartrike) [TikTok](https://www.tiktok.com/@smartrike) [YouTube](https://www.youtube.com/smartrike) @smartrike

typical story book and scaffold the experience with descriptive pictures. Beano comic enjoys an enduring, iconic heritage, which has helped build parental trust spanning generations. You can always trust Beano to make reading fun!



The comic is aimed at a core age of 7-12. By subscribing to Beano comic not only will your child get a weekly dose of laughter and learning delivered straight to their door, but it's also much cheaper than buying it from the shops! Save £35 with our special 20 Beano comics for £20 offer!



Call 0800 318846 or visit [beano.com/bnobs](http://beano.com/bnobs)