AT HOME checklist \(\text{\text} \)

An essential guide on the latest food and drink options, gadgets and tech, online games, homes and interiors, as well as delivery services as well as health and wellness amenities.

Healthier, 'no nasties' instant noodles in a cup

MR LEE'S is a brand of 'no nasties' instant noodles founded in the UK by three times cancer survivor, Damien Lee. Their six noodle flavours use only authentic Asian inspired recipes and the finest ingredients. Expect market-leading, premium freeze-dried veggies and proteins including generous chunks of 100% real chicken breast.

Everything is certified gluten free, low in sugar and with two vegan options. Available from Asda (free from aisle), Holland & Barrett, Ocado and Amazon.

For 20% off use code CHECKLIST20 on mrleesnoodles.com



Tap into the super-sharp Razer Blade laptop

TECH LOVERS: the sleekest, most powerful gaming laptops on the market have arrived just in time for Christmas.

The Razer Blade 15 is the world's smallest gaming laptop ever made. But despite its slim design and small footprint, the Razer Blade 15 has an amazing edge-to-edge screen with options for either a lightning fast 240Hz Full HD display or a beautiful 4K OLED touch display with



SCIENTIFIC RESEARCH SUGGESTS that it

reduce household

100% Adobe RGB colour colours and vivid images.

Gen Intel® Core™ i7 6 core processor at its heart and graphics powered by NVIDIA® GeForce RTX™, the Razer Blade 15 excels in power and portability. The model come

with 16Gb of system memory and a choice of SSD options up to 512Gb, but both can be upgraded for more memory and higher storage capacity. Powerful ultra-thin, tuned stereo speakers and an RGB backlit keyboard with customisable per-key lighting complete the set-up.

Also available is the Razer Blade 15 Base Model. Powered by the latest NVIDIA® GeForce RTX™ or GTX™ graphic cards and with dual-storage for even more room, the Blade 15 Base is the perfect entrylevel system for those wanting a little less power but a bit more storage on the go.



Feel the difference of Razer's premium quality CNC aluminium case, feast your eyes on the OLED display and enjoy the superlative power of NVIDIA RTX graphics in a svelte, sleek chassis that oozes style. Razer Blade laptops are rolling out in retail stores across the UK as well as through Razer's online shop and other online retailers.





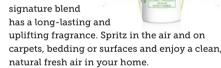
If you were wondering what makes a Razer Blade laptop so special, you can now visit Currys PC World and get a hands-on experience on the latest Razer Blades. Visit razer.com for more information or Razer's online shop.

Could the air inside your home be Score a PS4 bundle with FIFA 20 for just £199 more polluted than outdoors?

could be. This is why Puressentiel has developed gentle on a combination of natural and sustainable you and your ingredients to create its family Purifying Air Spray. Puressentiel This 100% plant-based for asthma formula is proven to sufferers.



bacteria². It's



THE CROWD'S GOING WILD FOR THE latest deal from ao.com. Get a PlayStation 4 500GB in black with a hard copy of FIFA 20 for iust £199 (was £249). This PS4 bundle is packed full with loads of extra features to bring you the beautiful game like you've never experienced before. Not only can you play FIFA 20 in vibrant, lifelike HDR, but with better player control and new ball physics, it'll feel more natural than ever. So you can net an absolute corker while barely lifting a finger! With the latest FIFA title, there are further improvements in defending and other completely revamped set pieces too.

Whether you're feeling like Hazard or playing like Salah, it's easy to create your dream team. You can even personalise your crest and kit as well as your stadium's themes and goal celebrations

The new Volta mode takes football to the streets and you'll get the chance to take the reins of your favourite club in Manage Career mode too. Or simply sit back and enjoy your favourite modes from the series' last game

When it comes to the actual console, there are loads of PlayStation 4 games for you to enjoy, and because it's got a 500GB hard drive, it car store up to 30 of your favourite titles on it.

It can connect to Wi-Fi too, so you can easily face your friends in the ultimate derby match

The Puressentiel Purifying Air Spray is available from Boots and Wholefoods. Visit uk.puressentiel.com and use code CHECKLIST20 to get 20% off.

Take care of your pet with an experienced video vet

WHATEVER YOUR QUESTION, experienced UK vets are available 24 hours a day, seven days a week, to give you clarity when you need it most Over a video call. FirstVet vets can offer advice. simple treatment recommendations or, if you need it, refer you to your local veterinary clinic

Register your pet today By registering your pet in advance, you can get quick and easy help from our veterinarians when you need it most.

Low cost consultations, 24 hours a day The

low-cost consultation fees range from £20 during business hours to £30 out of hours. Our video chat consultations mean that everything is recorded for you. We give you the transcripts and medical journals so you always know what the plan is. FirstVet is completely independent and has a nationwide catalogue of veterinary clinics, so you can always meet the right veterinarian as soon as possible.







Download the FirstVet app for free today. Use the code CHECKLIST to receive a complimentary call with one of the licensed vets. Visit firstvet.co.uk for more information.



And it doesn't stop here. If you're thinking about making yours a premier gaming set up, it even works with PlayStation VR (sold separately) to throw you right into all

Seize the deal today! Get a PlayStation 4 500GB in black with a hard copy of FIFA 20 for just £199 (was £249). Save £50 by shopping at ao.com

five tips to help save next time you spend on games and gadgets. **Buy it outright**

Save cash on tech!

BUYING NEW TECH can be expensive

but it pays to be prudent. CeX share

When it comes to getting a phone, the most expensive way to buy one is on contract. Why not trade in your old handset and buy a second-

hand one? A SIM-only plan can save hundreds. Shop around, compare, and look for a long warranty. Treat it nicely and keep everything

If you're considering an upgrade. remember that your old tech and games can save you cash. You'll get more if they're in good condition. Having a screen protector and a case on your phone makes a difference when it comes to cashing it in. Keep the box and accessories these can add value.

Buy last year's model

Eat different,

well can be easy.

make a difference

HERE'S THE SCENARIO: while over one-

third of the food produced goes to waste,

gas emissions, over eight million people

Here's how ODDBOX is London's first

that tackles most of our food shop and

sustainable fruit and veg subscription box

environmental worries in one go. With a

low-waste philosophy, they work closely

why rescued produce doesn't make it to

farmers find themselves with too much or

'less perfect' versions of a certain crop. And

that's where ODDBOX comes in, delivering

delicious, colourful fruit and veg to more

quantity requirements often mean

with British farmers, rescuing surplus fruit

and veg at risk from going to landfill. Reasons

supermarket shelves vary. Strict cosmetic and

in the UK live in food poverty. Feeling

accounting for 8% of all annual greenhouse

overwhelmed? Don't! Doing good and eating

Save a stack of cash by not going for the latest model. Look at the price difference between an iPhone XS and the iPhone 8 – nearly half the price with almost the same capabilities. You could buy a PS4 copy of FIFA 19 for £22 or you could get FIFA 18 for £5 at CeX.

Beat the herd and trade in early

Don't wait until this year's model comes out to upgrade. Tech tends to depreciate in value when a new model is released. Sell your old one a month or two before to get the most money for it.

You could be sitting on a treasure trove Got an old NES or an N64? Your old console and

and games can fetch tens and even hundreds of pounds. That forgotten box of SNES games in the attic could turn out to be a small gold mine CeX has the widest choice of phones, tablets,

over 380 stores, they are the UK's leading second-hand tech and

than 10,000 mindful homes in London

Reduce plastic, introduce variety, eat seasonally

and affordably and have your weekly shop, farm

fresh, directly delivered to your door. With every

medium ODDBOX you save an average of 7kg of

veg from going to waste. 14kg of CO2 emissions

(the equivalent of 35 miles driven in a car) and

And when you thought it couldn't get any

your first delivery using CHECKLIST50 at

oddbox.co.uk/delivery and start saving the

better - order your box now and get 50% off

partners with local charities that fight food poverty

1.722 litres of water. On top of this, ODDBOX

donating up to 10% of their produce.

planet one box at a time.

See how much you can save at your nearest CeX store, or online at webuy.com



games might just earn you a pretty penny. With the rise in popularity of retro gaming, some consoles

electronics and games, all with a free 24-month warranty With



A crafty way to inspire your children's creative minds

WITH HALF TERM ON THE HORIZON, Décopatch mini kits are perfect to banish boredom and keep the children amused.

Each kit contains everything your little one needs to unleash their creativity - a papier maché shape to decorate, two paper sheets, a pot of glue

Simple and easy for all ages – tear or cut the paper into small pieces, glue the surface of the shape, place a piece of paper on the glued part and give the placed paper a coat of glue. Repeat until the entire surface is covered. Quick drying glue



(30 minutes) sets to leave a shiny finish. Whether vou choose a llama, unicorn, dinosaur, elephant, horse or butterfly, you will have your very own unique creation to treasure.

There is more to Décopatch than just cute animal kits; you can let your imagination and creativity run free with Décopatch's full range of wild animals of many sizes. Some are up to 6 feet tall, with over 200 different paper designs to choose from. Décopatch items and papers are available in

vour local hobby and craft store

For more information on this exciting craft kit please visit decopatch.com

décopatch'&

The perfect meal starts with perfect cookware

IMMERSE YOURSELF IN THE HOME COMFORTS OF CIRCULON COOKWARE. With over 30 years of unrivalled innovation and performance and designed to help home chefs of all abilities create fabulously festive meals, Circulon is the perfect choice for the busy Christmas season.

With features to help the everyday chef produce the healthiest or most indulgent meals, Circulon offers unparalleled cooking performance and non-stick durability. Each item of

cookware and bakeware features the Total® hi-low groove non-stick system, which protects the majority of the cooking surface from utensil abrasion. This also means that less oil is needed as food

releases from the textured surface with ease It makes clean up effortless too. Circulon are so confident about the

quality of their products that they offer a lifetime guarantee; if you are not satisfied with the performance of their non-stick they will replace it free of charge.





Whether it's a mid-week supper or a special dining occasion, food lovers everywhere trust Circulon to help them create the perfect dish for family and friends. The secret to stress free and enjoyable hosting is planning - and the perfect meal starts with the perfect cookware.

Buy your kitchenware essentials and get 10% off your order using the code CHECKLIST10 when prompted at circulon.uk.com



Still buffering?

DID YOU KNOW THAT 40% OF BRITS say that internet buffering is their biggest inconvenience in life? Closely followed by booking a doctor's appointment (39%) and lack of smartphone battery life (37%). However, it is poor internet connectivity and slow Wi-Fi that causes major problems in the home

Wi-Fi UK allows your devices to connect

to their full potential. No more Wi-Fi complaints from the kids, or gaming interruptions on Fortnite! Just smooth 4K Netflix, Apple TV streaming and Sonos speakers play with ease. How it works Mesh Wi-Fi uses your internet.

then spreads it across the property via intelligent access points. Each has three powerful antennae to guarantee uninterrupted communication between access points, creating blanket-like coverage.

Quick and clean installation The team design and install the system then set it up in 90 minutes. There's no drilling or wires to run and it works with any internet providers

So why choose Mesh Wi-Fi? Join the UK's fastest growing network and experience Wi-Fi you deserve

Call to talk to the team of Wi-Fi specialists about installing your bespoke network

Visit meshwifi.co.uk or call on 020 7183 8883

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