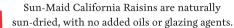


From fun days out to your children's future finances, here's a variety of ideas for family matters

## Sun-Maid raisins from California

SUN-MAID'S FAMOUS LITTLE RED BOXES containing California raisins have been enjoyed by children, and adults alike, for over 100 years. An ideal playtime snack or lunch-time treat and perfect for little hands to hold.



Raisins contain only naturally occurring fructose sugar and have no added sugar.

Naturally sweet, portable and convenient, Sun-Maid California Raisins make a healthy alternative to confectionery and an excellent ingredient for many recipes, especially when baking with young children.

Sun-Maid California raisins are good sources of several essential nutrients, such as fibre and potassium. Because they do not easily spoil, are available year-round, easy to store and transport, they serve as a convenient way to increase fruit consumption and are as healthy as fresh fruit.

eat more fruit in their diets. S&B Herba Foods Ltd

maid.co.uk | 01689 878779



Warning: Late repayment problems. For help, go to moneyadviceservice.org.uk

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## SOMETIMES FAMILIES

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You can apply for loans between £100 to £5,000 Representative 49.9% APR (variable). Repayments can be structured to suit you, with loan terms ranging from 3 to 36 months



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# Money matters for the next generation

WE'RE OFTEN TAUGHT from a young age that talking about money is ungracious, something to be shared on a need to know

However, as figures from the Trades Union Congress (TUC) reveal that average UK household debt levels have risen to a record £15,385 it has never been more important to throw out the rule book and be open with the young people in our lives about money matters.

According to the TUC each UK household owed £886 more than it did 12 months previously in the third quarter of 2018 and highlights that working families are on average worse off today than they were during the financial crisis of 2008

Debt isn't complicated, and it doesn't discriminate. Falling into financial distress isn't just a headline for thousands across the country it's becoming a way of life, and one that's more common as millions of families rely on

credit just to make ends meet.

Living with debt can be an isolating experience and making a pay packet stretch from month to month can often be far easier said than done. Sound familiar?

How you manage money is the most important influence on how your child will deal with their finances in later life - meaning that it's imperative not to bury your head in the sand when it comes to your financial circumstances.

At National Debt Expert we understand that talking about debt isn't easy, which is why we work with some of the UK's leading debt partners and are proud to offer you a debt solution to help you regain control of your finances.

Find out more at nationaldebtexpert.org.uk today or give us a call on **0808 3019 571**.

> \_National **Debt Expert**



# in Snowdonia

**NESTLED BENEATH THE** treetops at the foothills of Snowdonia hides a land full of adventure waiting to be discovered this Easter!

Explore the park's rides and Easter Egg trail, get crafty in the creative workshops, be entertained by family favourites in the Forest Theatre and join Ben Elf and Princess Holly from their little kingdom, who will be appearing at the park on Sunday 7 April.

Dotted amongst a forest clearing within 27 magical acres and consistently voted Best Family Attraction in North Wale

days out don't get much better than this! Use SUN10 for 10% off all tickets from 6 - 28 April (offer not applicable to online bookings).

greenwoodfamilypark.co.ик 01248 671493



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# Keep the kids happy with these great days out!

PROMOTING THOUSANDS of UK attractions for over 35 years means entertaining the family has never been so simple! From birthday party ideas and access to events, vouchers, competitions and hundreds of fun days out, Lets Go with the Children has it covered all year round! We have an EXCLUSIVE competition for Sun readers to WIN 1 of 5 £100 Amazon Vouchers. Visit letsgowiththechildren.co.uk/sun-100-lets-go



Longleat in Wiltshire For the first time ever, you'll have the chance to discover Koala Creek. featuring England's only koalas. It is home to Longleat's furthest travelled residents; a group of iconic southern koalas, two endearing wombats and potoroos. Koala Creek opening 29 March; book online and save up to 15%

Wheelgate Park in Nottinghamshire Theme, farm and water park on the edge of Sherwood Forest, Nottinghamshire. Meet the Easter Bunny and join in with the biggest chocolate hunt this Easter starts 30 March.

Twinlakes Park in Leicestershire The ultimate family day out: theme, farm and water park all in one! Visit Eggstreme Easter with the UK's first Easter Bunny Grotto! Meet Peter Rabbit<sup>™</sup> on 30 March.

Cheddar Gorge & Caves in Somerset Walk through nearly 350 million years of history and explore two of Britain's oldest showcaves. Discover our indoor and outdoor attractions all year round Book online and save 15%











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# **Delicious malty goodness** for all the family

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Horlicks is packed with 14 vitamins and minerals, including sources of vitamins A, B, C, D, and is rich in calcium. Malty goodness and vitamins is a great support for revising teens, a brilliant way to help younger children wind down before bedtime, and offers mum and dad precious moments of blissful calm. There's a wide range of Horlicks products to choose from available in most major supermarkets including Traditional (make with milk), Light, Chocolate and New Horlicks Pods

Horlicks delicious malty goodness at the touch of a button.

Compatible with \*Dolce Gusto® machines (now available at B&M and Amazon). horlicks.co.uk

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# A new way to get scouted by football clubs!

### PLAYERS EVERYWHERE DREAM

of playing professional football and being scouted. However, as footballers know, it's very tough to get an opportunity to impress. There is a company though, which is working to change things...

UK Football Trials is the UK's largest football trials company. The concept is simple - you get a training session with outstanding Pro club UEFA qualified coaches and then play in matches. The whole trial is watched by 10-20 scouts from Premier League clubs through to semi-pro level. Getting this volume of scouts together in one place, greatly increases the chances of players being scouted!

In 2018, 503 players were scouted by clubs across England, from Premier League to semi-pro level. Once a player is identified, an introduction is made by the company between player/ parent and scout - simple!

FOOTBALL In addition the company TRIALS also host five-day football training and trial camps at the prestigious Ardingly College, in Sussex where you can train and live like a professional.

The camps include four days of professional level coaching and training, video analysis, sports psychology, strength and conditioning, speed and agility, nutrition guidance plus a final day trial in front of 15 to 20 scouts.

EXCLUSIVE READER OFFER

Use Code SUN10 for £10 off 1-day trials. Use Code SUN50 for £50 off 5-day camps.

#### ukfootballtrials.com info@ukfootballtrials.com

Social Media - over 250,000 followers!

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### Save cash on tech!

BUYING NEW TECH CAN be expensive. but it pays to be prudent. CeX share five tips to help save next time you plan to spend on games and gadgets.

### 1. Buy it outright

When it comes to getting a phone, the most expensive way to buy one is on contract. Why not trade in your old handset and buy a second-hand one? A SIM-only plan can save hundreds. Shop around, compare, and look for a long warranty.

#### 2. Treat it nicely and keep everything

If you're considering an upgrade, remember that your old tech and games can save you cash. You'll get more if they're in good condition. Having a screen protector and a case on your phone makes a difference when it comes to cashing it in. Keep the box and accessories these can add value

#### 3. Buy last year's model

Save a stack of cash by not going for the latest model. Look at the price difference between an iPhone XS and the iPhone 8 - nearly half the price with almost the same capabilities. You could buy a PS4 copy of FIFA 19 for £28 or you could get FIFA 18 for £5 at CeX. (Prices correct

### 4. Beat the herd and trade in early

Don't wait until this year's model comes out to upgrade. Tech tends to depreciate in value when a new model's released. Sell your old one a month or two before to get the most money for it.



#### 5. You could be sitting on a treasure trove

Got an old NES or an N64? Your old console and games might just earn you a pretty penny. With the rise in popularity of retro gaming, some consoles & games can fetch tens and even hundreds of pounds That forgotten box of SNES games in the attic could turn out to be a small gold mine!

CeX has the widest choice of phones, tablets, electronics and games, all with a free 24-month warranty. With over 380 stores, they are the UK's leading second-hand tech and entertainmen retailer. See how much vou can save at vour online at webuv.com





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